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| LOGIC MODEL FOR: **Centro Sávila's Critical Time Intervention** | | | | |
| **Resources/Inputs** | **Activities** | **Outputs** | **Short-Term Outcomes** | **Long-Term Outcomes** |
| **Human Capital**   * CTI Specialists * Licensed Clinical Social Workers * Executive Director * LPI Executive Director collaboration * Bi-lingual Staff * Business manager * Board of Directors * Judges, Pos * Consultant   **Social Capital**   * La Plazita’s YRC program * UNM Evaluation Lab * County committees * APS collaboration * YDDC collaboration & D-home * LPI farm * Centro Sávila garden * 3 Sister’s Kitchen   **Physical Capital**   * Space for therapy * Air conditioner   **Financial Capital**   * Bernalillo County grant funding * ACE providers grant funding * More funding * Federal funding   **Capacity building**   * Staff training * Team building * More knowledge about resources in the community * Better collaboration with non-grantee community providers * Strengthening Families workshop training * Multiple Worlds' Curriculum Training | * Monitoring work activities (also allows for more billing opportunity) every Friday. * Intensive Case Management Services at least 2 times per week. * Intensive therapeutic services (Individual and family therapy at least 4 times per week: one collateral, one family, two individual sessions) * Two clinical youth groups per week targeting self-development / cultural identity and community advocacy skills. * In-office, In-systems and in-home services * Various therapeutic modalities (ex: sand tray therapy, attachment, DBT, NMT, Trauma Informed Therapy) * Professional Development Staff Trainings. * Staff in their own therapy services. * At least three sessions paid by Centro Sávila, if needed. * Monthly agency staff meetings * Weekly program staff meetings * Monthly meetings with Probation Officers and other care providers * Monthly Juvenile Justice Committee Meetings * JDAI * Deep End * Girl’s Group * RRED | Number of:   * clients * wrap-around services * law enforcement advocacy services * life skills sessions * crisis and safety planning interventions * collateral meetings * individual therapy sessions * family therapy sessions * youth support group sessions | **Self-awareness**   1. The youth is able to identify their interest, strengths, and preferences. 2. The youth is able to explore and identify their life goals and dreams. 3. The youth is able to explore and identify what life supports they need. 4. The youth is able to explore and identify healthy ways to get their needs met. 5. The youth is able to explore and identify their life challenges. 6. The youth is able to take responsibility for their healthy and unhealthy actions.   **Knowledge of Personal Rights**   1. The youth is able to identify and discuss what their individual human rights are. 2. The youth is able to compare and contrast personal rights from community responsibilities. 3. The youth will be able to identify and explore the steps needed to advocate for change. 4. The youth will be able to explore, identify and utilize supportive community resources.   **Communication**   1. The youth will be able to identify the various levels of communication. 2. The youth will be able to compare and contrast between the various levels of communication. 3. The youth will be able to identify and effectively ask for their wants and needs. 4. The youth will be able to identify healthy ways to negotiate conflict. 5. The youth will be able to explore and identify healthy listening skills. 6. The youth will be able to explore and utilize the importance of compromise in relationship.   **Leadership**   1. The youth will obtain knowledge about community rights to help ameliorate inequities. 2. The youth will practice advocacy skills for others or for causes at least twice per month. 3. The youth will research and obtain knowledge of healthy community resources. 4. The youth will actively and healthily participate in organizational change.   **Substance Use**   1. The youth will write a detailed chemical use history describing treatment attempts and the specific situations surrounding relapse. 2. The youth will explore and identify triggers that may lead to relapse. 3. The youth will think about and develop a written relapse prevention plan. 4. The youth will verbalize an understanding of how family conflicts led to substance use and substance use led to family conflict. 5. The youth will complete a worksheet to review with their family (or with a trusting other) their understanding of how family conflicts led to substance use and substance use led to family conflict. 6. The youth will identify three non using friends to socialize with. 7. The youth will identify high stress situations with family that might lead to substance use. 8. The youth will learn new and healthier ways to cope with high risk situations. 9. The youth will expand social support by identifying activities that are substance free. | **Yourth:** Youth will improve their relationships through four self-advocacy skills.   1. Advanced Self-awareness 2. Deepened Knowledge of Rights 3. Thoughtful Communication 4. Inclusive Leadership   **(Family) Long Term Outcome:** Families will improve their relationship through improved self-awareness and communication skills.   1. Advanced Self-awareness 2. Thoughtful Communication   **(Staff) Long Term Outcome:** CTI Staff will have achieved high ethical standards to help improve quality of care outcomes for CTI Participants and to foster long lasting and strong collaborative relationships with all Bernalillo County Providers.   1. Advanced Self-awareness (trainings on attachment, trauma-informed care, therapy). 2. Deepened Knowledge of Rights (community trainings, County meetings) 3. Thoughtful Communication (trainings on attachment, conflict resolution, listening skills) 4. Inclusive Leadership (trainings on presentation development, and cultural competency) |
| **Assumptions:** people are capable of change in relationship to a healthy other; people are more able to make changes in their lives once they improve their mental health challenges and are better able to trust and navigate systems; people become healthier when they are more connected to positive and relevant resources in their community; economic stability provides a sense of mastery and increase self-esteem outcomes, improved family relationships help to stabilize mental health challenges and decrease system involvement, education provides opportunity | | | **External Factors:** *We need:* space for each employee to provide safe, secure, quality services; funding to provide more case management and clinical services; improved collaboration with YSC and YRC; air conditioner; ability to provide transportation; functional internet; Access to liability insurance for carpentry classes; a kitchen to provide cooking classes for youth; Food donations / grocery store gift certificates; Grant writer. *Our work is affected by:* poverty, institutional racism, county funding, insurance company changes/policies; political climate of other system | |